

How to Pray the Liturgy of the Hours

step-by-step instructions

Evening Prayer

Evening Prayer

- ◆ Instructions on page 694

Evening Prayer

Pattern of Evening Prayer:

- ◆ Introduction
- ◆ Hymn
- ◆ Psalmody = 1st Psalm → 2nd Psalm → **New** Testament Canticle
- ◆ Scriptural Reading
- ◆ Responsory
- ◆ Gospel Canticle - Mary, Magnificat (+)
- ◆ Intercessions
- ◆ Our Father
- ◆ Concluding Prayer
- ◆ Dismissal

Evening Prayer

- ◆ Go to the 4-week Psalter for the Liturgical Week and Day
 - ◆ < SKIP the saint days for now>

Evening Prayer

- ◆ **Start with the Introduction** (if it is NOT your first prayer):
 - ◆ God + come to my assistance, Lord make haste to help me. Glory to the Father...
- ◆ [OR Start with the Invitatory ...IF Evening Prayer is the first prayer of your day]

Evening Prayer

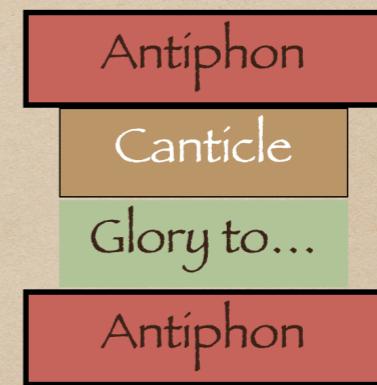
- Enter into Evening Prayer
- NEVER SKIP the Hymn
 - Hymn numbers are given
 - go to Hymnal section to find and sing hymn
- Psalmody: Psalm, Psalm, **New** Testament Canticle
 - Psalm = Antiphon, Psalm (Psalm Prayer), Doxology, Antiphon
 - Short Pause after each Psalm and Canticle

Evening Prayer

- Reading
- Responsory

Evening Prayer

- ◆ Gospel Canticle = Canticle of Mary (+), STAND
 - ◆ Gospel Antiphon
 - ◆ Canticle of Mary, p 696
 - ◆ Doxology
 - ◆ *Repeat* Gospel Antiphon
- ◆ Read story of the Annunciation and Mary's visit with Elizabeth
 - ◆ Luke 1:26 - 56
 - ◆ Luke 1:67-80



Evening Prayer

- ♦ Intercessions
- ♦ The Lord's Prayer
- ♦ Concluding Prayer
- ♦ Dismissal
 - ♦ May **+** the Lord bless us, protect us from all evil, and bring us to everlasting life. Amen.

Evening Prayer

EXAMPLE: Monday, Week I, Ordinary Time - p 723

- ◆ **Introduction:**
 - ◆ (+) God come to my assistance,
 - ◆ Lord, make haste to help me
 - ◆ Glory to the Father...
- ◆ **Evening Prayer, p 723**
 - ◆ Hymn # 34 or 47
 - ◆ Psalmody: Ps 11, Ps 15, Canticle of Ephesians
 - ◆ Reading (Colossians)
 - ◆ Responsory
 - ◆ Antiphon for Canticle of Mary
 - ◆ p696, Canticle of Mary (+)
 - ◆ Antiphon for Canticle of Mary
 - ◆ Intercessions
 - ◆ Our Father...
 - ◆ Concluding prayer
 - ◆ Dismissal (May the Lord bless us...) - p698

NOTE

On **Sundays** of Ordinary Time:

Canticle Antiphons AND Concluding Prayer

are in the Proper of Seasons

Evening Prayer

EXAMPLE: Thursday, 10th Week of OT Week 2 Psalter - p 830

- **Introduction:** God + come to my assistance, Lord...
- Hymn #45 or 38
- Psalmody - Ps 72-I; Ps 72-II;
Canticle of Revelation
- Reading
- Responsory
- Antiphon for Canticle of Mary
- p 696, Canticle of Mary (+)
- *repeat Antiphon for Canticle of Mary*
- Intercessions
- Our Father...
- Concluding prayer
- Dismissal (May the Lord bless us...)

Evening Prayer |

EXAMPLE: Sunday, 17th Week of OT
Week I - p 701 / 621(PoS)

- **Introduction:** God + come to my assistance, Lord...
- Hymn #32 or 184
- Psalmody - Ps 141; Ps 142; Canticle of Philippians
- Reading
- Responsory
- Antiphon for Canticle of Mary - p621
- p 696, Canticle of Mary (+)
- *repeat* Antiphon for Canticle of Mary - p621
- Intercessions
- Our Father...
- Concluding prayer - p621
- Dismissal (May the Lord bless us...)

Evening Prayer II

EXAMPLE: Sunday, 17th Week of OT
Week I - p 712 / 622(PoS)

- **Introduction:** God + come to my assistance, Lord...
- Hymn #33 or 182
- Psalmody - Ps 110; Ps 114; Canticle of Revelation
- Reading - P716
- Responsory
- Antiphon for Canticle of Mary - p622 (for EP II)
- p 696, Canticle of Mary (+)
- *repeat* Antiphon for Canticle of Mary - p622
- Intercessions
- Our Father...
- Concluding prayer - p621
- Dismissal (May the Lord bless us...)