

# How to Pray the Liturgy of the Hours

step-by-step instructions

**Evening Prayer**



# Evening Prayer

- ◆ Instructions on page 694



# Evening Prayer

## Pattern of Evening Prayer:

- ♦ Introduction
- ♦ Hymn
- ♦ Psalmody = 1st Psalm →  
2nd Psalm → **New**  
Testament Canticle
- ♦ Scriptural Reading
- ♦ Responsory
- ♦ Gospel Canticle - Mary,  
Magnificat (+)
- ♦ Intercessions
- ♦ Our Father
- ♦ Concluding Prayer
- ♦ Dismissal



# Evening Prayer

- ♦ Go to the 4-week Psalter for the Liturgical Week and Day
  - ♦ < SKIP the saint days for now >



# Evening Prayer

- ♦ **Start with the Introduction** (if it is NOT your first prayer):
  - ♦ God + come to my assistance, Lord make haste to help me. Glory to the Father...
- ♦ [***OR*** Start with the **Invitatory** ...**IF** Evening Prayer is the first prayer of your day]



# Evening Prayer

- ♦ Enter into Evening Prayer
- ♦ NEVER SKIP the Hymn
  - ♦ Hymn numbers are given
  - ♦ go to Hymnal section to find and sing hymn
- ♦ Psalmody: Psalm, Psalm, **New** Testament Canticle
  - ♦ Psalm = Antiphon, Psalm (Psalm Prayer), Doxology, Antiphon
  - ♦ Short Pause after each Psalm and Canticle



# Evening Prayer

- Reading
- Responsory



# Evening Prayer

- ♦ Gospel Canticle = Canticle of Mary (+), **STAND**
  - ♦ Gospel Antiphon
  - ♦ Canticle of Mary, p 696
  - ♦ Doxology
  - ♦ *Repeat* Gospel Antiphon
- ♦ Read story of the Annunciation and Mary's visit with Elizabeth
  - ♦ Luke 1:26 - 56
  - ♦ Luke 1:67-80





# Evening Prayer

- ♦ Intercessions
- ♦ The Lord's Prayer
- ♦ Concluding Prayer
- ♦ Dismissal
  - ♦ May + the Lord bless us, protect us from all evil, and bring us to everlasting life. Amen.



# Evening Prayer

## EXAMPLE: Monday, Week I, Ordinary Time - p 723

- ♦ **Introduction:**
  - ♦ (+) God come to my assistance,
  - ♦ Lord, make haste to help me
  - ♦ Glory to the Father...
- ♦ **Evening Prayer, p 723**
  - ♦ Hymn # 34 or 47
  - ♦ Psalmody: Ps 11, Ps 15, Canticle of Ephesians
  - ♦ Reading (Colossians)
  - ♦ Responsory
  - ♦ Antiphon for Canticle of Mary
  - ♦ p696, Canticle of Mary (+)
  - ♦ Antiphon for Cant of Mary
  - ♦ Intercessions
  - ♦ Our Father...
  - ♦ Concluding prayer
  - ♦ Dismissal (May the Lord bless us...) - p698



## **NOTE**

On **Sundays** of **Ordinary Time**:

Canticle Antiphons AND Concluding Prayer

are in the **Proper of Seasons**



# Evening Prayer

**EXAMPLE: Thursday, 10th Week of OT**

**Week 2 Psalter - p 830**

- ♦ **Introduction:** God + come to my assistance, Lord...
- ♦ Hymn #45 or 38
- ♦ Psalmody - Ps 72-I; Ps 72-II; Canticle of Revelation
- ♦ Reading
- ♦ Responsory
- ♦ Antiphon for Canticle of Mary
- ♦ p 696, Canticle of Mary (+)
- ♦ *repeat* Antiphon for Canticle of Mary
- ♦ Intercessions
- ♦ Our Father...
- ♦ Concluding prayer
- ♦ Dismissal (May the Lord bless us...)



# Evening Prayer I

**EXAMPLE: Sunday, 17th Week of OT**  
**Week I - p 701 / 621(PoS)**

- ♦ **Introduction:** God + come to my assistance, Lord...
- ♦ Hymn #32 or 184
- ♦ Psalmody - Ps 141; Ps 142; Canticle of Philippians
- ♦ Reading
- ♦ Responsory
- ♦ Antiphon for Canticle of Mary - p621
- ♦ p 696, Canticle of Mary (+)
- ♦ *repeat* Antiphon for Canticle of Mary - p621
- ♦ Intercessions
- ♦ Our Father...
- ♦ Concluding prayer - p621
- ♦ Dismissal (May the Lord bless us...)



# Evening Prayer II

**EXAMPLE: Sunday, 17th Week of OT**  
**Week I - p 712 / 622(PoS)**

- ♦ **Introduction:** God + come to my assistance, Lord...
- ♦ Hymn #33 or 182
- ♦ Psalmody - Ps 110; Ps 114; Canticle of Revelation
- ♦ Reading - P716
- ♦ Responsory
- ♦ Antiphon for Canticle of Mary - p622 (for EP II)
- ♦ p 696, Canticle of Mary (+)
- ♦ *repeat* Antiphon for Canticle of Mary - p622
- ♦ Intercessions
- ♦ Our Father...
- ♦ Concluding prayer - p621
- ♦ Dismissal (May the Lord bless us...)